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| Early | Gold | **School:**   * Write or draw a picture about a book you enjoyed * Hand in all of my homework on time * Be a good classroom helper * Bring my gym kit to school on gym days   **Home:**   * Take responsibility for one household chore * Represent a club or group, showcasing a talent * Dress and undress myself in my school uniform independently | **School:**   * Know the Zones of Regulation to explain how I am feeling * Take part in Health Week * Have at least 2 pieces of fruit for break over 1 week * I can use different tools to help me when I am stuck in my learning   **Home:**   * Use the Green Cross Code when crossing roads with an adult * Practise riding my bike or scooter * Take part in an after school club | **School:**   * Take on a speaking role in a school show/assembly * Show good sharing skills when playing with toys and games * Follow the classroom charter consistently * Take on a role within an enterprise project   **Home:**   * Take part in and follow rules of a game * Learn how to make a bed * Help bake or cook something with a family member | **School:**   * Serve my lunch/snack within nursery * Make a bird feeder or bug hotel * Take part in a litter pick * Participate in walk to school week   **Home:**   * Donate old clothes or toys to charity or someone younger * Put all of my litter in the bin * Help make dinner for you and your family |
| Silver | School/Nursery:   * Talk about my learning * Recognise my own name * Retell a story that I know well * Select and drag items on a computer or tablet   Home:   * Tie laces independently * Learn to ride a bike * Know who to ring in an emergency | School/Nursery:   * Talk about people who can help us and how they help us * Name the Wellbeing Characters and explain what we could do to be like them * Take a speaking part in a nursery performance * Recognise my feelings and say why I am feeling happy, sad or angry, etc.   Home:   * Take part in a club or group * Gather the items I need to go outside – coat, shoes, etc. * Fasten buttons on my clothes | School/Nursery:   * Have a teddy bear’s picnic, making sure your bear is looked after * Share news at ‘huddle time’ * Work with a friend to make something, for example a junk model * Help look after the nursery garden   Home:   * Help make a snack or meal * Look after Bertie Bear * Set the dinner table | School/Nursery:   * Represent the nursery while taking part in an excursion * Take part in a fundraising day to raise money for charity * I can travel safely when at nursery * Create a piece of art from recycled materials   Home:   * Always turn the taps off after washing hands or brushing teeth * Take some responsibility in caring for an animal * Sort recyclable rubbish |
| Bronze | School/Nursery:   * Take turns, with support * Follow daily routines within the nursery * I can listen to a story or instructions * I can recite popular rhymes or songs within nursery   Home:   * I can drink from a regular cup * I can use a knife a fork correctly * Dress myself with minimal support | School/Nursery:   * Say why it is important to look after my teeth and demonstrate how to brush my teeth properly * Identify people who can help me – police officer, fire fighter, Dr, nurse, etc. * Name the wellbeing characters * Tell an adult how I feel – happy, sad or angry.   Home:   * Try new foods * Fasten my coat zip * I can say ‘please’ and ‘thank you’ | School/Nursery:   * Share news at ‘huddle time’ * Help tidy the nursery at tidy up time * I can share my learning with others * Help tidy the nursery at tidy up time   Home:   * Set the table for lunch or dinner * Look after Bertie Bear * Help clear table after a meal | School/Nursery:   * Take part in a fundraising day to raise money for charity * I can be responsible for my own belongings (bag, coat, etc.) * Make something out of recycled materials * I can pack my bag with my pictures and letters from nursery   Home:   * Wash hands after going to the toilet * Tidy my bedroom * Put my rubbish into the bin |