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| First | Gold | **School:*** Research a topic that interest you – create a poster, leaflet or fact file to share your learning
* Keep jotters in school neat and tidy, making attempts to use joined script
* Show perseverance when things are tricky
* Set learning targets and review these, giving honest feedback about my progress

**Home:*** Take responsibility for one household task for a week – make bed, dry dishes, etc.
* Organise school back at home in preparation for school the next day
* At home, keep my room, toys, computer games, etc. tidy and organised
 | **School:*** Know the Zones of Regulation to explain tools that can be used to get back to green
* Describe the jobs of wider emergency services – mountain rescue and lifeboats
* Describe ‘Stranger Danger’ and what you can do if you are lost
* Share a talent within school

**Home:*** Create a poster explaining and promoting healthy eating to display within school
* Put my dirty washing away each night and hang/fold clothes up ready for the next day for at least one week
* Be able to discuss water safety
 | **School:*** Help others to feel better when they are upset
* Demonstrate how to share equipment safely and fairly
* Be aware and support the elderly community
* Read a story to a younger pupil
* Play a game with a younger pupil in the school. Model good turn taking and sharing.

**Home:*** Donate old toys to charity or someone younger
* Make/create a handmade gift to present to someone who has shown you kindness
* Interview a parent about how they care and look after a new born baby or toddler
 | **School:*** Create a poster or presentation describing how to keep safe during Fireworks Night
* Explore how water is cleaned and how access to clean water is an issue in countries throughout the world. Report on your findings
* Help with a litter pick and create a poster to encourage others to put litter in the bin
* Investigate basic human needs and wants and explain the difference between both

**Home:*** Take responsibility for watering plants at home
* Find out where food comes from and talk briefly about the impact of food miles
* Take on responsibility at home that helps the environment – e.g. turning off the plugs at night, encouraging family members to recycle, etc
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| Silver | **School:** * Set myself a realistic target to build on weaknesses I have identified within the curriculum
* Participate in World Book Week and write a report about a book I have enjoyed
* Learn how to say some common phrases in a different language
* Contribute to class learning discussions

**Home:*** Design or make an invention and say how it works
* Learn a new skills or join a new extra-curricular club. Give pictorial evidence of your progress
* Record or share something new that you have learned from going on a family trip e.g. to the zoo or museum
 | **School:*** Give a short demonstration/talk to the class about an activity you are involved in out of school
* Take an active part in a school assembly
* Come into the playground independently and line up appropriately with my friends
* Identify two things I am good at and one thing I would like to improve on

**Home:*** Help to create a healthy dinner at home
* Wash myself, brush my hair and clean my teeth each morning independently.
* Take part in a sporting activity out with the school day
 | **School:*** Play a game with younger children in the playground and explain fairness and turn-taking with them
* Get involved in an enterprise activity or charity event and raise money for a cause
* Be aware of and follow the aims of the school
* Help one of my peers

**Home:*** Keep a diary of acts of kindness over two weeks and present this to the class
* Prepare a snack and drink for a family member or friends
* Create a poster about good manners
* Write a thank you letter to a friends or family member who has shown you kindness
 | **School:*** Take part in Internet Safety or Coding Week
* Talk briefly about the importance of remembrance Sunday
* Describe how to make a 999 call
* Take responsibility for a variety of different jobs within the classroom

**Home:*** With an adult, plan a weekly shop for your family to minimise food wastage
* Grow a food at home and use this is a meal or snack
* Help someone at home or in the community
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|  | Bronze | **School:*** Identify a curricular area I find tricky and ask for help
* Make a chain of high frequency words for the class
* Word hunt: find focus words in newspapers and magazines
* Take part in World Book Day and draw a picture about a book I have enjoyed
* With support, set learning targets
* Talk about things which I already know and would like to learn more about

**Home:*** Take responsibility for one household task for a week – make bed, dry dishes, etc
* Research and produce written pictorial evidence of a topic of my choice that is of interest to me
* Learn to tie shoelaces
* Aim to complete homework tasks independently and to the best of my ability
 | **School:*** Create an all about me fact file. Identify 3 things I am good at and something I would like to improve on
* Be able to explain how to use the Green Cross Code correctly
* Make sensible, healthy choices at snack and lunch time
* Be able to talk about our local area and the emergency services and the jobs they do
* Participate in Health Week
* Line up independently and sensibly
* Share a talent with the class

**Home:*** Complete a pictorial/written diary noting down my 5 a day for a week
* Take responsibility for cleaning teeth at home, morning and night
* Try something new to eat (perhaps a new fruit or vegetable)
* Walk to and from school every day for two weeks
 | **School:*** Be an active member of a school group e.g. JRSO
* Write an end of the year/term thank you letter to someone within the school who helps us e.g. janitor, dinner lady or cleaner
* Get involved in an enterprise activity or charity even to raise money for a good cause e.g. Children in Need, Red Nose Day, Rag Bag or Cash for Kids
* Invite someone to play if they are alone
* Be courteous and demonstrate food manners to all staff around the school
* Help someone who is hurt in the playground

**Home:*** Talk about the school aims and wear school uniform daily, including appropriate footwear
* Draw a picture of a time when I was helpful at home
* Be an active member of a community group or club
 | **School:*** Participate in a charity event
* Take care of school and personal property e.g. jumpers, gym kits, etc
* Complete a survey around the school and use this to suggest improvements
* Participate in an action day/week e.g. Book Week, World of Work, etc

**Home:*** Recycle all paper and glass at home for two weeks
* Set a personal challenge at home and achieve it
* Make a list of suggestions as to home to make your home more energy efficient – make one change.
* Take responsibility for helping a family member with a task or looking after a pet for a day
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